

# Simply Good Weekly Menu: Jan 13th – Jan 15th

## Soups (One-quart containers)

- Asian Chicken Noodle Soup \$9.95
- Barley and Corned Beef Soup \$9.95
- Potato Leek Soup \$9.95
- Chicken Bone Broth (GF/DF/no sodium) \$6.95  
Slow simmered 16 hours.

## Frozen Soups (One-quart containers)

- Lemon-Lentil Soup (V/GF/DF) \$9.95
- Turkey Pot Pie Soup \$9.95
- Chicken Noodle Soup \$9.95
- Spicy Gumbo with Shrimp, Chicken & Andouille Sausage \$10.95
- Polish Sweet & Sour Cabbage Soup (Vegan/DF/GF) \$9.95
- Butternut Squash Soup (GF) \$10.95
- Lentil-Mulligatawny Soup (Vegan/DF/GF) \$9.95
- Spicy Thai Coconut Soup (GF) \$9.95

## Breakfast Item (individual serving)

- Egg Scramble (GF) \$8.95  
Sautéed Onions, Peppers, Ham, Cheddar Cheese and Hash Browns.

## Sandwiches

- Amish Chicken Caesar Roll-up \$6.95  
Whole Wheat wrap, Sautéed Chicken breast, Romaine lettuce, Parmesan cheese & Caesar dressing.
- Tuna Melts: White Albacore Tuna & Cheddar Cheese \$6.95  
Set of Honey white rolls topped w/White Albacore tuna salad and Cheddar cheese.

## Salads

- Chicken Protein Bowl (GF) \$8.95  
Red Quinoa, Cottage cheese, Hummus, Vegetables, Almonds, and Soy-Sesame dressing.
- Pickled Beet and Hummus Salad (GF) \$7.95  
With Cucumbers, Feta Cheese, Pickled Red onions and Greek Dressing.
- Cous Cous Salad \$4.95  
Cous Cous Pasta, Cucumbers, Tomatoes, Feta Cheese and Celery.
- Italian House Salad (GF) with Italian Parmesan dressing \$6.95  
Romaine lettuce, tomatoes, Chick Pea, Cucumber and Pickled Red Onion.
- Pickled Beets (Vegan/DF/GF) One quart \$5.95
- Michigan Salad (GF) \$7.95  
Baby Arugula, Dried Cherries, Goat Cheese-Pistachio Fritter served with Fig Vinaigrette.
- Asian Crunch Salad (Vegan/GF/DF) \$6.95  
Asian Slaw with the crunch of Almonds, Peanuts & Sesame Seeds, served with "Simply Good" Soy Sesame Dressing & Sweet Chili Sauce.
- Tuna Salad (GF) \$5.95  
White Albacore tuna, Celery, Carrots, Mayonnaise, Cottage cheese, Lemon juice, and a hint of Sweet jalapenos.
- Amish Chicken Salad (GF) \$6.95  
Roasted chicken with Celery, Grapes, Golden Raisins & Almonds.
- Salad Additions:**
  - Croutons made w/ Honey White dough, Roasted Garlic Oil & Parmesan. \$5.95
  - Individual Portion Sautéed Faroe Island Salmon (GF/DF) \$7.95
  - Individual Portion Sautéed Amish Chicken Breast (GF/DF) \$4.95

## Appetizers/Snacks

Meze Platter (GF) \$9.95

**Request Pita chips or Gluten Free Crackers**

Baba Ghanouj, Hummus, Tabouleh, Spicy Olives & Bulgarian Feta Spread (pasteurized)

Marcona Almonds (8 oz.) \$9.95

Cashew Nuts (8 oz.) \$6.95

Cranberry Chutney (GF/DF) \$6.95

Bulgarian Feta Spread (GF) \$7.95

This Bulgarian feta (pasteurized) spread is great with pita chips or on a roast beef. Once you taste it, you will want more.

Hummus (Vegan/GF/DF) \$5.95

Spicy Hummus (Vegan/GF/DF) \$5.95

Spicy Harissa Greek Olives (GF/DF) \$5.95

Orange Rosemary Olives (GF/DF) \$5.95

## Vegetarian Entrées

Vegan Bolognese Sauce over Spaghetti

Squash (GF/DF/Vegan) \$10.95

Quinoa braised with Tomatoes and Red Wine then topped with Pistachio Pesto.

Vegetarian Macaroni and Cheese \$5.95

Made with 2% Milk, French Raclette Cheese and Crunchy Bread Crumb Topping.

Vegetarian Spinach Cheese Pie \$5.95

Fresh Baby Spinach and Bulgarian Feta Cheese.

Vegan Lentil Enchiladas w/Spicy Harissa Sauce

(Frozen) \$10.95

Served with Mexican Rice.

Vegan Chili Topped Diced Onions (V/GF/DF) \$8.95

Quinoa Stewed with Red Beans, White Beans, Tomatoes, Carrots, Sweet Potatoes and Spices.

## Poultry Entrées

### made with Miller's Amish Chicken

Sautéed Chicken Breast with Herb Sauce

(Chimichurri sauce) (GF/DF) \$12.95

Rice Pilaf and Roasted Vegetables.

Amish Turkey Tetrazzini \$10.95

With Mushrooms, White Sauce & Egg Noodles.

Chicken Meatballs and Polenta (GF) \$12.95

Ground Amish chicken mixed with parsley and spices, served with Marinara sauce.

Chili Lime Chicken with Thai Curry Sauce (GF/DF)

\$12.95

Stir Fried Vegetables, Jasmine Rice and Cilantro (If you like our Pad Thai you will Love This).

Amish Chicken Bolognese with Spaghetti \$12.95

Slow Simmered Ground Chicken Stewed with Red Wine, and Tomatoes in a Mushroom Parmesan Sauce.

Amish Chicken Marsala (GF) \$12.95

Mushroom Marsala Sauce, Mashed Potatoes and Green Beans.

## Meat Entrées

Roasted Pork Tenderloin with Apricot Sauce (GF)

\$14.95

Mashed Sweet Potatoes and Apple Sauerkraut.

Shepherd's Pie (GF) \$11.95

Slow braised lamb in red wine sauce topped with Mashed Potatoes

Meatloaf and Gravy \$9.95

Mashed potatoes and roasted carrots.

## Fish Entrées

Chili-Lime Shrimp with Sweet and Spicy Thai

Sauce (GF/DF) \$14.95

Stir Fried Vegetables, Jasmine Rice and Cilantro (If you like our Pad Thai you will Love This).

Wild Caught Halibut with Panko Crust \$19.95

Served with Roasted Potatoes, Remoulade Sauce and Coleslaw.

## Dessert

S' Mores Pudding (graham cracker, vanilla pudding, chocolate and marshmallow) \$5.95

Chocolate "Speed Bump" Cake \$7.95

U-Bake Chocolate Chip Cookies, 6/package \$10.95 Regular or Gluten Free dough is available. Baking instructions on the label.

Peppermint Bark (GF) \$18.95

*Dark Chocolate topped with White Chocolate & Studded w/ Peppermint.*

Kitchen Sink Chocolate Candy \$16.95

Milk & Dark Chocolate with Pretzels and Potato Chips, topped with Peanuts, Almonds and Sea Salt.

Energy Bars:

Pedal Bar/Dark Chocolate (DF) \$4.95

Paddle Bar/Peanut Butter (DF) \$4.95.

## Frozen Desserts:

German Chocolate Cake \$7.95

Apple Daddy \$8.95

GF Chocolate Speed Bump Cake \$7.95

Original Tiramisu (coffee flavored) \$7.95

## Freezer Section

### One Pound packages of:

Amish Chicken Pasta Bolognese Sauce (GF/DF) \$8.95

Vegan/Veg. Pasta Bolognese Sauce (GF/DF) \$8.95

Sloppy Joe (GF/DF) \$8.95

BBQ Pulled Pork (GF/DF) \$9.95

Beef & Green Chili Taco Filling (GF/DF) \$8.95

Mexican Chorizo & Potato Taco Filling (GF/DF) \$8.95

## Freezer Section

Aunt B's Pie Crust \$3.95 10" single crust

"Old Fashion" Chicken Pot Pie \$10.95

Honey White Rolls, 6 per pack \$3.00

BBQ Chicken Wings (you bake) (GF/DF) \$11.95

Frank's Red Hot Chicken Wings (you bake) (GF/DF) \$11.95

House Smoked Salmon (GF/DF) \$7.95 per piece, fully cooked, just thaw and serve.

Marinara Sauce (Vegan/GF/DF) \$9.95 one quart

Streusel topped French Brie w/Cranberry Chutney \$26.95 Gluten Free available

## Freezer Section

### "Simply Good" Sausage - 4 links per package

(No Nitrate/Nitrites and without Gluten)

Chicken & Green Chiles Sausage \$7.95

Chicken Parmesan & Parsley Sausage (GF) \$7.95

Chicken Marsala Sausage (GF/DF) \$7.95

Smoked Chicken Apple Sausage \$7.95

Chicken Buffalo Blue (GF) \$7.95

Bratwurst (GF/DF) \$7.95

Fresh Polish Sausage (GF/DF) 7.95

Sweet Italian Sausage (GF/DF) \$7.95

Spicy Italian Sausage (GF/DF) \$7.95

Pork, Parmesan, and Parsley Sausage (GF) \$7.95

Greek Gyro Sausage (GF/DF) \$7.95

Smoked Andouille (GF/DF) \$7.95

Smoked Bacon Maple Sausage (GF/DF) \$7.95

Mexican Chorizo Sausage (GF/DF) \$7.95

French Garlic "Toulouse" (Black pepper & Garlic) (GF/DF) \$7.95

Corned Beef and Swiss Sausage \$8.95

Swedish Potato Sausage (beef, potatoes & onions) \$7.95 (Currently Unavailable)

## **(Freezer Section Continued)**

### **Frozen Poultry Entrées**

- French Duck Cassoulet \$14.95
- Chili Lime Chicken w/Thai Curry Sauce (GF/DF) \$12.95
- Chicken Chili w/Cheddar Cheese (GF) \$8.95
- Turkey Dinners \$15.95
- Gluten-Free Turkey Dinners \$15.95
- Tribute to Julia Child: Chicken Breast (GF) \$13.95
- Chicken Lasagna \$9.95
- Chicken Meatloaf Mashed Potatoes, Gravy Carrots \$9.95
- Chicken Paprikash with Spätzel \$12.95
- Asian Chicken Pad Thai (GF/DF) \$12.95

### **Frozen Vegetarian Entrées**

- Vegan Chili (V/GF/DF) \$8.95
- Vegetarian Chili w/ Cheddar (GF) \$8.95
- Vegetarian Mac & Cheese \$5.95
- Irish Style Stew (Vegan/DF) \$10.95
- Vegetarian Spinach Cheese Pie \$5.95
- Butternut Squash with Brown Rice, Lentils and Cranberry Chutney (Vegan/DF/GF) \$10.95
- Green Bean Casserole \$5.95
- Scalloped Potatoes (GF) \$5.95
- Vegetarian Vegetable Pie/Mushrooms, Goat Cheese, Creamed Cabbage & Lentils \$10.95
- Vegan Shepherd's Pie (V/DF/GF) \$10.95
- Cashew Cauliflower & Quinoa (GF/DF/Vegan) \$10.95

### **Frozen Fish Entrées**

- Tuna and Noodle Casserole \$8.95
- Sautéed Faroe Island Salmon Herb Vinaigrette (Chimichurri sauce) (GF/DF) \$14.95
- Crab Cakes w/Rice Pilaf, Green Beans & Remoulade Sauce \$14.95

### **Frozen Meat Entrées**

- Beef Stroganoff over Egg Noodles \$14.95
- GF Cornbread Stuffing (contains sausage) \$6.95
- Corned Beef (Sy Ginsberg) Dinner (GF) \$14.95
- Bread Stuffing (contains pork sausage) \$6.95
- Roasted Pork Chop w/Apricot Sauce (GF) \$14.95
- Meatloaf w/Gravy, Mashed Potatoes, Carrots \$9.95

### **From Our Pantry**

- Stacy's Pita Chips \$7.95 (Small bag \$1.25)
- Multigrain Gluten Free Crackers \$7.95
- Honey White Croutons With Roasted Garlic Oil & Parmesan \$5.95
- Diamond Crystal Kosher Salt (3 lb. box) \$6.00
- Callebaut Belgian Chocolate Chips:
  - Dark chips (54% cocoa) \$7.95/lb
  - Milk chocolate chips (33% cocoa) \$8.95/lb
  - White chocolate chips \$7.95/lb(Five-pound bags are also available for \$30, \$35 and \$30 respectively)
- Nielsen-Massey Vanilla Bean Paste 4oz. \$24.00
- "O" Vinegar (10 oz) \$9.95  
(Cabernet, Pomegranate, Aged Sherry, Fig balsamic, White balsamic, Oak-aged balsamic, Yuzu rice)  
(1/2 gallon Vinegar available for \$38.00)
- "O" Olive Oil (1/2 gallon) \$45.00
- Michigan Maple Syrup 32 oz \$21.95
- Star Thistle Raw Honey, Beulah, MI 24oz. \$17.95



**SIMPLY GOOD  
KITCHEN**