

Simply Good Weekly Menu: Oct 21th – Oct. 23th

Soups (One-quart containers)

***Cream of Mushroom* \$9.95**

***New England Style Clam Chowder w/
Bacon* \$9.95**

Chicken Bone Broth (GF/DF/No sodium)
\$5.95 Slow simmered 16 hours.

Frozen Soups (One-quart containers)

Minestrone Soup w/Vegetables & Pasta \$9.95

Lemon Rice Soup (GF/DF) \$9.95

Tomato Soup w/Rice, Chick Peas and Indian Spice
(GF/DF) \$9.95

Potato Leek Soup (GF) \$9.95

Appetizers/Snacks

Meze Platter (GF) \$9.95

Request Pita chips or Gluten Free Crackers
Baba Ghanouj, Hummus, Tabouleh, Spicy Olives &
Bulgarian Feta Spread (pasteurized)

Marcona Almonds (8 oz.) \$9.95

Cashew Nuts (8 oz.) \$6.95

Bulgarian Feta Spread (GF) \$7.95

This Bulgarian feta (pasteurized) spread is great with pita
chips or on a roast beef. Once you taste it, you will want
more.

Hummus (Vegan/GF/DF) \$5.95

Spicy Hummus (Vegan/GF/DF) \$5.95

Spicy Harissa Greek Olives (GF/DF)
\$5.95

Orange Rosemary Olives (GF/DF) \$5.95

Salads

Chicken Protein Bowl (GF) \$8.95

Red Quinoa, cottage cheese, hummus, vegetables, almonds, and
Soy-Sesame dressing.

Pickled Beet and Hummus Salad (GF) \$7.95

With Cucumbers, Bulgarian feta cheese (pasteurized) pickled red
onions and Greek dressing.

Thai Peanut Noodle Salad (DF) \$6.95

Asian slaw, Soba noodles, Peanut dressing and Sweet Chili Sauce.

Pickled Beets (Vegan/DF/GF) One quart \$5.95

Chopped Greek Salad \$9.95

Bulgarian Feta Cheese, Homemade Pickled Beets, Pita Crouton
and "O" Cabernet Vinaigrette.

Michigan Salad (GF) \$7.95

Baby Arugula, Dried Cherries, Goat Cheese-Pistachio Fritter
served with Fig Vinaigrette.

Asian Crunch Salad (Vegan/GF/DF) \$6.95

Asian Slaw with the crunch of Almonds, Peanuts & Sesame Seeds,
served with "Simply Good" Soy Sesame Dressing & Sweet Chili
Sauce.

Tuna Salad (GF) \$5.95

White Albacore tuna, celery, carrots, mayonnaise, cottage cheese,
lemon juice, and a hint of sweet jalapenos.

Amish Chicken Salad (GF) \$6.95

Roasted chicken with Celery, Grapes, Golden Raisins & Almonds.

Salad Additions:

Croutons made w/ Honey White dough, Roasted Garlic Oil &
Parmesan. \$5.95

Individual Portion Sautéed Faroe Island Salmon
(GF/DF) \$7.95

Individual Portion Sautéed Amish Chicken Breast
(GF/DF) \$4.95

Sandwiches

Amish Chicken Caesar Roll-up \$6.95

Whole Wheat wrap, Sautéed Chicken breast, Romaine lettuce, Parmesan cheese & Caesar dressing.

Tuna Melts, White Albacore Tuna & Cheddar Cheese \$6.95

Set of Honey white rolls topped w/ White Albacore tuna salad and Cheddar cheese.

Vegetarian Entrées

Spicy Indian Aloo Gobi (Vegan/GF/DF) \$9.95

Cauliflower, Chick Pea, Potatoes and Indian Spiced Rice with a side of Eggplant Chutney.

Vegetarian Macaroni and Cheese \$5.95

Made with 2% Milk, French Raclette Cheese and Crunchy Bread Crumb Topping.

Vegan Lentil Enchiladas with Spicy Harissa Sauce (Frozen) \$10.95

Served with Mexican Rice.

Vegetarian Chili Topped w/ Cheddar Cheese and Sour Cream (GF) \$8.95

Quinoa, Red Beans, White Beans, Tomatoes, Sweet Potatoes and Spices.

Fish Entrées

Crab Cakes w/Remoulade Sauce \$14.95

Rice Pilaf and Green Beans.

Tuna Noodle Casserole \$8.95

White Albacore Tuna, White Sauce, Mushrooms, Peas and Crunchy Topping.

Sautéed Faroe Island Salmon w/Soy-Ginger Sauce (GF/DF) \$14.95

Served with Scallion Rice.

Poultry Entrées made with Miller's Amish Chicken

Amish Turkey Breast Dinners \$15.95

Mashed Potatoes, Green Beans, Stuffing, Gravy and Cranberry Chutney.

Amish Chicken Marsala (GF) \$12.95

Mushroom Marsala Sauce, Mashed Potatoes and Green Beans.

Sautéed Chicken Breast w/ Herb Sauce

(Chimichurri sauce) (GF/DF) \$12.95

Roasted potatoes and Zucchini.

Chicken Meatballs and Polenta

(GF) \$12.95

Ground Amish chicken mixed with Parsley and Spices served with Marinara sauce.

Chicken Chili Topped with Cheddar Cheese and Side of Sour Cream (GF) \$8.95

Ground Chicken Stewed with Red Beans, White Beans, Tomatoes, Sweet Potatoes and Spices.

Chili Lime Chicken w/ Thai Curry Sauce (GF/DF) \$12.95

Stir Fried Vegetables, Jasmine Rice and Cilantro (If you like our Pad Thai you will Love this).

Meat Entrées

Cottage Pie (GF) \$11.95

Slow Braised Beef in Red Wine Sauce topped w/Mashed Potatoes and Cheddar Cheese.

Lamb Shank with Scalloped Potatoes (GF) \$16.95

Slow braised in Red Wine Sauce with Lemon, garlic and Rosemary w/Green Beans.

Roasted Pork Tenderloin w/ Apricot Sauce (GF) \$14.95

Mashed Sweet Potatoes and Apple Sauerkraut.

Dessert

Apple Daddy (SGK version of Apple Crisp) **\$8.95**

German Chocolate Cake \$7.95

Chocolate "Speed Bump" Cake \$7.95

Gluten Free Peanut Butter Cookie \$1.95

Chocolate Chip Cookie \$1.95

Sea Salt Chocolate Chip Cookie \$1.95

Lemon Ginger Cookie \$1.95

Dark Chocolate Moon Pie (GF/DF) \$2.95

Milk Chocolate Moon Pie (GF) \$2.95

Energy Bars:

Paddle Bar "Free Style" Peanut Butter (DF) \$4.95

Pedal Bar/Dark Chocolate (DF) \$4.95

Freezer Section

"Simply Good" Sausage - 4 links per package

(No Nitrate/Nitrites and without Gluten)

Chicken & Green Chiles Sausage \$7.95

Chicken Marsala Sausage (GF/DF) \$7.95

Chicken Parmesan & Parsley Sausage (GF) \$7.95

Smoked Chicken Apple Sausage \$7.95

Chicken Buffalo Blue (GF) \$7.95

Bratwurst (GF/DF) \$7.95

Fresh Polish Sausage (GF/DF) 7.95

Sweet Italian Sausage (GF/DF) \$7.95

Spicy Italian Sausage (GF/DF) \$7.95

Pork, Parmesan, and Parsley Sausage \$7.95

Greek Gyro Sausage (GF/DF) \$7.95

Smoked Andouille (GF/DF) \$7.95

Smoked Bacon Maple Sausage (GF/DF) \$7.95

Mexican Chorizo Sausage (GF/DF) \$7.95

French Garlic "Toulouse" - Black pepper & Garlic \$7.95

Corned Beef and Swiss Sausage \$8.95

Freezer Section

"Old Fashion" Chicken Pot Pie \$10.95

Honey White Rolls, 6 per pack \$3.00

BBQ Chicken Wings (you bake) (GF/DF) \$11.95

Frank's Red Hot Chicken Wings (you bake) (GF/DF) \$11.95

House Smoked Salmon (GF/DF) \$7.95 per piece, fully cooked, just thaw and serve.

Marinara Sauce (Vegan/GF/DF) \$9.95 one quart

Frozen Desserts:

Aunt B's Fool Proof Pie Crust \$3.95

Cinnamon Rolls w/Cream Cheese Frosting \$6.95

White Chocolate & Cherry Bread Pudding \$7.95

Carrot Cake \$7.95

GF Chocolate "Speed Bump" Cake \$7.95

S'mores Bread Pudding \$7.95

One Pound packages of:

Amish Chicken Pasta Bolognese Sauce (GF/DF) \$8.95

Vegan/Veg. Pasta Bolognese Sauce (DF/GF) \$8.95

Sloppy Joe (GF/DF) \$8.95

BBQ Pulled Pork (GF/DF) \$9.95

Beef & Green Chili Taco Filling (DF/GF) \$8.95

Mexican Chorizo & Potato Taco Filling (GF/DF) \$8.95

(Freezer Section Continued)

Frozen Poultry Entrées

- Asian Chicken Pad Thai (GF/DF) \$12.95
- Chili Lime Chicken w/ Thai Curry Sauce (GF/DF) \$12.95
- Chicken Paprikash w/ Spätzel \$11.95
- Chicken Meatballs and Polenta (GF) \$12.95
- Chicken Meatloaf \$9.95
- Amish Chicken Marsala w/Braised Cabbage & Mashed Potatoes (GF) \$12.95
- Chicken Chili w/Cheddar Cheese (GF) \$8.95
- Green Chili Chicken Enchiladas \$11.95

Frozen Vegetarian Entrées

- Spinach Cheese Pie \$5.95
- Vegetarian Chili w/ Cheddar Cheese and Sour Cream (GF) \$8.95
- Vegan Lentil Enchiladas \$10.95
- Portabella Stuffed Mushroom w/ Chimichurri Sauce (V/GF/DF) \$10.95
- Vegan Bolognese Sauce over Roasted Zucchini (V/GF/DF) \$10.95
- Green Bean Casserole w/ Mushroom Gravy \$5.95
- Indian Bowl: Kumar's Beans, Brown Rice (GF) \$9.95
- Cashew Cauliflower & Quinoa (V/GF/DF) \$10.95
- Roasted Portabella Mushroom w/Asian Flavors (V/GF/DF) \$10.95

Frozen Fish Entrées

- Sautéed Faroe Island Salmon w/Herb Vinaigrette (Chimichuri Sauce) (GF/DF) \$14.95

Frozen Meat Entrées

- Baked Beans w/ Bacon (side) (GF/DF) \$5.95
- Meatballs & Mushroom Gravy \$12.95
- Polish Stuffed Cabbage w/Mushroom-Dill Sauce \$12.95
- Beef Stroganoff Over Egg Noodles \$14.95
- Meat Loaf and Gravy \$9.95

From Our Pantry

- Stacy's Pita Chips \$7.95 (Small bag \$1.25)
- Multigrain Gluten Free Crackers \$7.95
- Honey White Croutons With Roasted Garlic Oil & Parmesan \$5.95
- Diamond Crystal Kosher Salt (3 lb. box) \$5.00
- Callebaut Belgian Chocolate Chips:
 - Dark chips 54% cocoa \$7.95 per lb
 - Milk chocolate chips 33% cocoa \$8.95 per lb
 - White chocolate chips \$7.95 per lb
 - (Five-pound bags are also available for \$30, \$35 and \$30 respectively)
- Nielsen-Massey Vanilla Bean Paste 4oz. \$24.00

- "O" Vinegar (10 oz) \$9.95
(Cabernet, Pomegranate, Aged Sherry, Fig balsamic, White balsamic, Oak-aged balsamic, Yuzu rice)
(1/2 gallon Vinegar available for \$38.00)
- "O" Olive Oil (1/2 gallon) \$45.00

- Michigan Maple Syrup 32 oz \$21.95
- Star Thistle Raw Honey, Beulah, MI 24oz. \$12.95

