

Simply Good Weekly Menu: Sept 16th – 18th

Soups (One-quart containers)

Corn Chowder w/Potato & Bacon \$9.95
Chicken Bone Broth (GF/DF, No sodium)
\$5.95 Slow simmered 16 hours.

Frozen Soups (One-quart containers)

Barley & Mushroom Soup \$9.95
Lemon Rice Soup (GF/DF) \$9.95
Italian Minestrone Soup w/Pasta and
Vegetables \$9.95
Mulligatawny with Cashew Soup
(Vegan/GF/DF) \$9.95
Tomato Soup w/ Rice, Chick Peas and
Indian Spice (GF/DF) \$9.95
Chicken Noodle Soup \$9.95
Vegetable & 3 Cheese Tortellini Soup
\$9.95
Potato Leek Soup \$9.95
Black Bean w/ Rice, Chorizo & Sweet
Potato Soup (GF) \$9.95
Broccoli Cheddar Soup \$9.95
Lentil-Lemon Soup (V/GF/DF) \$9.95
Twice Baked Potato Soup \$9.95 Limited

Appetizers/Snacks

Meze Platter (GF) \$9.95
Request Pita chips or Gluten Free Crackers
Baba Ghanouj, Hummus, Tabouleh, Spicy Olives &
Bulgarian Feta Spread (pasteurized)
Marcona Almonds (8 oz.) \$9.95
Cashew Nuts (8 oz.) \$6.95
Croutons made w/ Honey Wheat dough and Roasted
Garlic Oil & Parmesan \$5.95
Bulgarian Feta Spread (GF) \$7.95
This Bulgarian feta (pasteurized) spread is great with pita
chips or on a roast beef. Once you taste it, you will want
more.
Hummus (Vegan/GF/DF) \$5.95
Spicy Hummus (Vegan/GF/DF) \$5.95
Spicy Harissa Greek Olives (GF/DF)
\$5.95
Orange Rosemary Olives (GF/DF) \$5.95

Salads

Asian Noodle Salad (DF) \$6.95
*Crisp Vegetable Slaw, Asian Noodles, Spicy Thai Peanut
Dressing & Sweet Chili Sauce.*

Chicken Protein Bowl (GF) \$8.95
Red Quinoa, cottage cheese, hummus, vegetables, almonds, and
Soy-Sesame dressing.

Pickled Beet and Hummus Salad (GF) \$7.95
With Cucumbers, Bulgarian feta cheese (pasteurized) pickled red
onions and Greek dressing.

Cous Cous Salad \$4.95
Cous Cous pasta, Cucumbers, Tomatoes, Feta Cheese and Celery

Italian House Salad \$6.95
Romaine, Tomatoes, Cucumber, Chick peas and Pickled Red
Onion and Italian Parmesan Vinaigrette.

Michigan Salad (GF) \$7.95
Baby Arugula, Dried Cherries, Goat Cheese-Pistachio Fritter
served with Fig Vinaigrette.

Asian Crunch Salad (Vegan/GF/DF) \$6.95
Asian Slaw with the crunch of Almonds, Peanuts & Sesame
Seeds. Served with "Simply Good" Soy Sesame Dressing & Sweet
Chili Sauce.

Croutons made w/ Honey White dough, Roasted Garlic Oil &
Parmesan \$5.95

Individual Portion Sautéed Faroe Island Salmon
(GF/DF) \$7.95

Individual Portion Sautéed Amish Chicken Breast
(GF/DF) \$4.95

Pickled Beets (Vegan/DF/GF) One quart \$5.95

Tuna Salad (GF) \$5.95
White Albacore tuna, celery, carrots, mayonnaise, cottage cheese,
lemon juice, and a hint of sweet jalapenos.

Amish Chicken Salad (GF) \$6.95
Roasted chicken with Celery, Grapes, Golden Raisins & Almonds

Ham Salad (GF) \$5.95

Sandwiches

Amish Chicken Caesar Roll-up \$6.95

Whole Wheat wrap, Sautéed Chicken breast, Romaine lettuce, Parmesan cheese & Caesar dressing.

Tuna Melts, White Albacore Tuna & Cheddar Cheese \$6.95

Set of Honey white rolls topped w/ White Albacore tuna salad and Cheddar cheese.

Vegetarian Entrées

Eggplant Parmesan \$10.95

White Cheese Sauce, Homemade Tomato Sauce and Melted Cheese.

Vegan Lentil Enchiladas with Spicy Harissa Sauce (Frozen) \$10.95

Served with Mexican Rice.

Five Cheese Tortellini \$9.95

With Almond Pesto and Tomato Sauce.

Vegetarian Spinach Cheese Pie \$5.95

Fresh Baby Spinach and Bulgarian Feta Cheese.

Stuffed Roasted Portabella Mushroom (Vegan/GF/DF) \$10.95

Brown Rice, Summer Vegetables and Herb Vinaigrette (Chimichurri sauce).

Fish Entrées

Crab Cakes w/Remoulade Sauce \$14.95

Rice Pilaf and Green Beans.

Tuna Noodle Casserole \$8.95

White Albacore Tuna, White Sauce, Mushrooms, Peas and Crunchy Topping

Sautéed Faroe Island Salmon w/Soy-Ginger Sauce (GF/DF) \$14.95

Served with Scallion Rice.

Poultry Entrées

made with Miller's Amish Chicken

Chicken Piccata with Rice Pilaf \$12.95

Chicken Breast with White Wine, Lemon, Capers, Mushroom Sauce and Green Beans.

Asian Chicken Pad Thai (GF/DF) \$12.95

Sweet, Sour, Spicy with Rice Noodles and Miller's Amish Chicken. Served with Sweet Chili Sauce.

Chicken Paprikash w/ Spätzel \$11.95

Slow Simmered Chicken Legs with Mushrooms, Garlic, Paprika and Sour Cream.

Chicken Chili Topped w/Cheddar Cheese and Side of Sour Cream (GF) \$8.95

Ground Chicken Stewed with Red Beans, White Beans, Tomatoes, Sweet Potatoes and Spices.

Amish Chicken Marsala \$12.95

Mushroom Marsala sauce, Mashed Potatoes and Braised Red Cabbage.

Chicken Meatloaf, made with Miller's Amish Chicken \$9.95

Mashed Potatoes, Roasted Carrots and Gravy.

Meat Entrées

Meatballs and Mushroom Gravy \$12.95 ***Mashed Potatoes and Creamed Corn.***

Roasted Pork Tenderloin w/ Apricot Sauce (GF) \$14.95

Mashed Sweet Potatoes and Apple Sauerkraut and Green Beans.

Beef Stroganoff over Egg Noodles \$14.95

Slow Braised Beef, Sour Cream Gravy, Sautéed Mushrooms and Onions.

Meat Loaf and Gravy \$9.95

Mashed Potatoes and Roasted Carrots.

Ham and Cheese Quiche \$7.95

Homemade crust w/ Ham, Swiss Cheese, & Sautéed Onions

Dessert

White Chocolate Chip & Dried Cherries
Bread Pudding w/Crème Anglaise \$7.95
Coconut Pudding w/Vanilla Whipped
Cream \$4.95

Chocolate Chip Cookie \$1.95
Sea Salt Chocolate Chip Cookie \$1.95
Lemon Ginger Cookie \$1.95
Gluten-Free Chocolate Chip Cookie \$1.95
Dark Chocolate Moon Pie (GF/DF) \$2.95
Milk Chocolate Moon Pie (GF) \$2.95

Energy Bars:

Paddle Bar "Free Style" Peanut Butter
(DF) \$4.95
Pedal Bar/Dark Chocolate (DF) \$4.95

Freezer Section

"Simply Good" Sausage - 4 links per package

(No Nitrate/Nitrites and without Gluten)

Chicken & Green Chiles Sausage \$7.95
Chicken Parmesan & Parsley Sausage (GF)
\$7.95
Smoked Chicken Apple Sausage \$7.95
Chicken Buffalo Blue (GF) \$7.95
Bratwurst (GF/DF) \$7.95
French Garlic "Toulouse" - Black pepper &
Garlic \$7.95
Corned Beef and Swiss Sausage \$8.95
Fresh Polish Sausage (GF/DF) 7.95
Sweet Italian Sausage (GF/DF) \$7.95
Spicy Italian Sausage (GF/DF) \$7.95
Pork, Parmesan, and Parsley Sausage
\$7.95
Greek Gyro Sausage (GF/DF) \$7.95
Smoked Andouille (GF/DF) \$7.95
Smoked Bacon Maple
Sausage (GF/DF) \$7.95
Mexican Chorizo Sausage (GF/DF) \$7.95

Freezer Section

"Old Fashion" Chicken Pot Pie \$10.95
Honey White Rolls, 6 per pack \$3.00
BBQ Chicken Wings (you bake) (GF/DF) \$11.95
Frank's Red Hot Chicken Wings (you bake)
(GF/DF) \$11.95
House Smoked Salmon (GF/DF) \$7.95 per piece,
fully cooked, just thaw and serve.
Marinara Sauce (Vegan/GF/DF) \$9.95 one quart

Aunt B's Fool Proof Pie Crust \$3.95
Peach-Blueberry Cobbler \$8.95
NY Style Cheesecake w/ Pecan Crust and Cherries on the
side (GF) \$7.95
Cinnamon Rolls w/ Cream Cheese Frosting \$6.95
Angel Food Cake with a hint of Lemon, Topped w/Vanilla
Whipped Cream \$4.95
Lemon Tiramisu \$7.95
Carrot Cake \$7.95
Chocolate "Speed Bump" Cake \$7.95
GF Chocolate "Speed Bump" Cake \$7.95
S'mores Bread Pudding \$7.95
Peanut Butter Cheesecake Topped w/
Chocolate Ganache (GF) \$7.95

One Pound packages of:

Chicken Pasta Bolognese Sauce (GF/DF) \$8.95
Vegan/Veg. Pasta Bolognese Sauce (DF/GF)
\$8.95
Sloppy Joe (GF/DF) \$8.95
Beef & Green Chili Taco Filling (DF/GF) \$8.95
Mexican Chorizo & Potato Taco Filling (GF/DF)
\$8.95
BBQ Pulled Pork (GF/DF) \$9.95

(Freezer Section Continued)

FREEZER DINNER SELECTION

Poultry Entrées

- Chicken Lasagna \$9.95
- Asian Chicken Pad Thai (GF/DF) \$12.95
- Green Chili Chicken Enchiladas \$11.95
- Chili Lime Chicken w/ Thai Curry Sauce (GF/DF) \$12.95
- Chicken Meatballs and Polenta (GF) \$12.95
- Sautéed Chicken Breast w/ Herb Sauce (Chimichurri sauce) (GF/DF) \$12.95
- Chicken Marsala (GF) \$12.95

Vegetarian Entrées

- Spinach Cheese Pie \$5.95
- Vegetarian Mac & Cheese \$5.95
- Scalloped Potatoes (GF) \$5.95
- Greek Bowl w/ Feta Cheese Fondue (GF) \$9.95
- Lentil Enchiladas w/ Harissa Sauce \$10.95
- Vegan Lentil Enchiladas \$10.95
- Portabella Stuffed Mushroom (V/GF/DF) \$10.95
- Vegan Chili (GF/DF) \$8.95
- Vegan Bolognese Sauce over Roasted Zucchini (V/GF/DF) \$10.95
- Green Bean Casserole w/ Mushroom Gravy and Fried Onion Topping \$5.95
- Indian Bowl: Kumar's Beans & Brown Rice (GF) \$9.95
- Five Cheese Tortellini w/ Almond Pesto & Tomato Sauce \$9.95

Fish Entrées

- Shrimp w/ Risotto and Corn Sauce (GF) \$14.95

Meat Entrées

- Baked Beans w/ Bacon (side) (GF/DF) \$5.95
- Sloppy Mac and Cheese \$8.95
- Roasted Pork Tenderloin w/ Apricot Sauce (GF) \$14.95
- Beef Stroganoff over Egg Noodles \$14.95
- Shepherds Pie (GF) \$11.95

From Our Pantry

- Stacy's Pita Chips \$7.95 (Small bag \$1.25)
- Multigrain Gluten Free Crackers \$7.95
- Honey White Croutons With Roasted Garlic Oil & Parmesan \$5.95

- Diamond Crystal Kosher Salt (3 lb. box) \$5.00

- Callebaut Belgian Chocolate Chips:
 - Dark chips 54% cocoa \$7.95 per lb
 - Milk chocolate chips 33% cocoa \$8.95 per lb
 - White chocolate chips \$7.95 per lb(Five-pound bags are also available for \$30, \$35 and \$30 respectively)

- Nielsen-Massey Vanilla Bean Paste 4oz. \$24.00

- "O" Vinegar (300ml or 10 oz) \$9.95
(Cabernet, Pomegranate, Aged Sherry, Orange blossom, Fig balsamic, White balsamic, Oak-aged balsamic, Yuzu rice)

- Michigan Maple Syrup 32 oz \$21.95

- Star Thistle Raw Honey, Beulah, MI 24oz. \$12.95



**SIMPLY GOOD
KITCHEN**